



(Front to back) Jing Ying students Mike Kelly, Drew Brighton and Johnny Thomas receive some expert instruction from the venerable Grandmaster Willy Lin.

Jing Ying Hosts Kung Fu Master

Grandmaster Willy Lin is in his 70s, but moves like a man half his age.

Lin started his training in 1957 in Taiwan and soon became the head instructor of his teacher's school. In 1970, he came to the United States and opened a school in D.C. where he became known for his quinna, or joint locking techniques. In his younger days in Chinatown, he had a standing offer of \$1,000 for anyone who could put him in a hold he couldn't escape — many tried, none succeeded.

Grandmaster Lin recently visited the Jing Ying Institute in Arnold to teach the fighting applications of the beginners form in Tien Shan Pai Kung Fu. The beginners

form serves as a "two-person fighting set," which means one person does the first half of the form while another person executes the second half - the movements match like a choreographed fight.

After Grandmaster Lin worked with students on details of the solo version, he had them partner-up to practice the two-person version. Working with Jing Ying owner Billy Greer, he demonstrated how the form could be practiced continuously, could be done at increasing speed or could be practiced with eyes closed.

Everyone at the workshop had a great time and felt privileged to have the opportunity to learn from one of the greatest ever.